



Jennifer M. Sokira, EdD, LCAT, MT-BC

Advancing Excellence in Trauma-Informed Music Therapy Education

Jennifer Sokira is a nationally recognized leader in trauma-informed care, education, and music therapy clinical program development, with decades of experience designing impactful training initiatives and scalable service models across healthcare and education. Known for her collaborative and compassionate approach, she combines strategic vision with deep relational insight to help students, therapists, and organizations build inclusive, sustainable, and people-centered practices.

BIOGRAPHY

A seasoned clinician, transformational leader, and proven administrator, Jennifer Sokira brings decades of experience to the fields of music therapy, clinical practice, and higher/continuing education. Her deep commitment to advancing the profession through ethical leadership, curriculum development, and inclusive training models reflects her passion for equipping the next generation of music therapists. She brings a strategic lens, commitment to excellence, and values-driven approach to every aspect of her work.

Jennifer is the Owner and CEO of Connecticut Music Therapy Services, LLC, a multi-therapist private practice providing clinical services across the state. Her expertise in program development, administration, and supervision has shaped the company's reputation for clinical excellence and sustainable practice.

Jennifer's specialization in trauma-informed care (TIC) is grounded in both personal and professional experience, including long-term work following the 2012 Sandy Hook tragedy. Through extensive

training, research, and scholarship, she has earned an international reputation as a thought leader and advocate in the integration of TIC into music therapy. She contributes regularly to this evolving discourse through courses, presentations, and publications designed to elevate trauma-responsive practice in both education and clinical settings.

An experienced educator, Jennifer has developed and taught courses at institutions including Southern Connecticut State University, Quinnipiac University, and Alverno College, with emphasis on ethics, trauma-informed care, music and health, and disability justice. She created and continues to administer the Certificate in Trauma-Informed Music Therapy, a specialized continuing education program for professional music therapists. Jennifer also co-designed and facilitated the national AMTA Symposium, a live/hybrid continuing education event engaging music therapists from around the world.

Her leadership extends to continuing education initiatives, educational settings, in-patient hospice care, and community-

based disaster response. She has authored and co-authored numerous chapters and articles on trauma-informed care, ethics, community engagement, and music therapy business practices. Jennifer is a frequently invited lecturer, conference presenter, and collaborator at regional, national, and international levels.

She has served the American Music Therapy Association (AMTA) in multiple capacities, including as a nine-year member of the Ethics Board (2012-2021) and as Vice President on the national Board of Directors. In Connecticut, she played a central role in the successful advocacy efforts for state title protection and licensure for music therapists.

Jennifer holds an EdD in Educational Leadership from Alverno College, a Master in Music Therapy from Temple University, and a Bachelor of Science in Music Therapy from Duquesne University. She lives in Monroe, Connecticut, with her husband, two teenaged sons, and their cat, Foxy.

PROFILE

SKILLED CLINICIAN: A dedicated lifelong learner, applies continuously evolving expertise in trauma-informed music therapy to facilitate profound healing and well-being for diverse populations and learning for other professionals.

STRATEGIC LEADER: skillfully identifies optimal pathways to effectively manage and expand clinical operations, educational opportunities and professional organizations, consistently reaching ambitious goals.

CREATIVE COURSE & PROGRAM DESIGNER: develops and delivers impactful educational programs and curricula, consistently shaping the next generation of music therapy practitioners

CONNECTED COLLABORATOR thoughtful and effective collaborator, bringing clarity, empathy, and a solutions-focused mindset to every team effort.

ETHICALLY GROUNDED: prioritizing integrity, transparency, equality, dignity, and respect in all aspects of work and decision-making.

POLICY INFLUENCER: advances the music therapy profession through successful legislative efforts and dedicated non-profit governance, thereby strengthening standards

COMPELLING SPEAKER transforms complex concepts into accessible and actionable insights for diverse audiences.

SCHOLARLY WRITER: contributes significantly to the field through rigorous scholarly research and prolific publications, consistently expanding the collective knowledge base.



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Education

ALVERNO COLLEGE - EdD in TEACHING AND LEARNING IN HIGHER EDUCATION, 2025.

Dissertation: Trauma-Informed Care in Music Therapy Education: Perspectives from Educators and Early Career Professionals.

TEMPLE UNIVERSITY - MASTER IN MUSIC THERAPY, 2006

DUQUESNE UNIVERSITY, BS MUSIC THERAPY, MINOR PSYCHOLOGY, 2001

Certification/Licensure

Licensed Music Therapist by the Connecticut Department of Public Health. License # 025, 2003

Licensed Creative Arts Therapist (LCAT) by the New York State Department of Education. License # 000874-1, 2006.

Board Certified Music Therapist (MT-BC) by the Certification Board for Music Therapists (CBMT). Certificate #06498, 2006

Professional Experience: Clinical

CONNECTICUT MUSIC THERAPY SERVICES, LLC

Founder & CEO

Developed and grew the first multi-therapist music therapy practice in Connecticut to serve hundreds of clients each week. Maintains oversight of supervision, management and business operations. Company provides clinical services to individuals with developmental health, brain health and social-emotional difficulties, as well as consultation services and trainings to therapists, educators and businesses throughout the US. As a clinician, providing clinical work for individuals healing from trauma. 2005-Present

RESILIENCY CENTER OF NEWTOWN

Clinical Director, Music Therapist

Provided individual and group trauma-informed music therapy services and community program development to children and adults impacted by the 12/14/2012 shooting in Sandy Hook, CT. Consultant to schools and community groups to assist with violence prevention, suicide prevention, vicarious trauma, and educator burnout. Strategic clinical leadership to support efficient systems, supervision and team cohesion. 2013-2020.

VITAS INNOVATIVE HOSPICE SERVICES

Director of Arts and Inpatient Music Therapist

Provided music therapy to individuals who are at the end-of-life and to their families, focusing on relaxation, pain management, life review, quality of life and emotional expression. Collaborating with inpatient medical/nursing staff, chaplain and social worker as part of the interdisciplinary team. Overseeing all arts-based programming taking place at the VITAS Inpatient Unit at St. Mary's Hospital, Waterbury, CT. 2002-2005

PRIVATE PRACTICE

Sole Proprietor

Provided home and community based services to individual and small groups in Fairfield County. 2002-2005

GIANT STEPS CONNECTICUT

Music Therapist

Music Therapist providing individual and small group therapy with children with autism, neurological and developmental disabilities, and behavioral challenges in an interdisciplinary team setting. 2002-2005.

Professional Experience: Education

ENLIGHTEN CE, LLC

Director of Educational Programming & Co-Owner

Develop and teach continuing education courses and materials. Designed and manage Certificate in Trauma-Informed Music Therapy. ADD THIS YEAR

SOUTHERN CONNECTICUT STATE UNIVERSITY

Part-time Lecturer- Bachelor of Music Therapy Program

Teaching Responsibilities: Introduction to Music Therapy
2023-present.

QUINNIPIAC UNIVERSITY

Part-time Faculty-Music Department

Teaching Responsibilities: Music and Human Identity (redesigned, 2021), Introduction to Music and Health (designed, 2022).
Leadership Responsibilities: Faculty advisor to Quinnipiac Disabled Student Union.
2021-present.

ALVERNO COLLEGE

Adjunct Faculty-Master of Music Therapy Program

Teaching Responsibilities: Trauma-Informed Care (designed), Music Therapy Ethics (designed).
2021-2024 (program closure). Undergraduate

Guest Faculty- Bachelor of Music Therapy Program

Teaching Responsibilities: Trauma-Informed Music Therapy Workshop (2018, 2022).

Leadership / Advisory Boards / Service

American Music Therapy Association (AMTA) M10526. 1998-present.

Board of Directors, 2024-2025 Vice President

Board of Directors, 2022-2023 Vice President Elect.

Ethics Board, 2012-2021. Appointed by the Assembly of Delegates.

Disaster Response Task Force 2018-present. Appointed.

Assembly of Delegates, 2009-2016. 2 elected terms, one as seated President.

AMTA.Pro Podcast Advisory Committee, 2011-2013. Presidential appointment.

New England Region of American Music Therapy Association (NER-AMTA)

Past President, 2017-2019

President, 2015-2017

President-Elect, 2013-2015

Government Relations Committee Representative, 2012-2017

Membership Committee Representative, 2006-2012.

Conference Registration Chairperson, 2007-2013

Connecticut State Task Force for State Recognition

Successful advocacy for title protection and licensure and recognition of the MT-BC credential at the state level in 2023.

2011- present; chair 2011-2017.

Honors and Awards

- Springfield School District Arts Hall of Fame-excellence in the field of Music Therapy, 2019
- Presidential Achievement Award The New England Region of the American Music Therapy Association- 2011
- Award for Outstanding Achievement in Music Therapy The Boyer College of Music, Temple University- 2006
- Who's Who Among Students in American Universities and Colleges, Temple University- 2006
- Edwina Eustis Dick Award for Music Therapy Interns, AMTA- 2002
- Harmony, Inc. US Music Therapy Scholarship- 2001
- Outstanding Music Therapy Student Award, Duquesne University, 2001
- Nominee/Finalist for Beard Award for Ethics in Leadership, Duquesne University, 2001
- Nominee/Finalist for Award for Excellence in Student Leadership, Duquesne University 2001

- Student Government Association Senior Award, Duquesne University- 2001
- Who's Who Among Students in American Universities and Colleges, Duquesne University 2001
- National Collegiate Education Awards, Duquesne University- 2001
- Duquesne Homecoming Court, 1st Runner Up- 2000
- Golden Key National Honor Society-2000
- Psi Chi Psychology Honor Society-2000
- Omicron Delta Kappa Leadership/Honor Society-1999
- Pi Kappa Lambda Music Leadership/Honor Society 1999
- Music Scholarship, Duquesne University
- Dean's List, Mary Pappert School of Music, Duquesne University
- Chancellor's Merit Scholarship, Duquesne University

Consulting / Multimedia

AMTA SYMPOSIUM

Designer / Co-Designer

In the role of Vice President and Vice President Elect of the American Music Therapy Association, designed, developed, and programmed a hybrid-virtual 4-day continuing education experience, offering 35-40 Continuing Music Therapy Education credits/year. Engaging 800-1500 participants both nationally and internationally on cutting-edge topics in music therapy research and clinical practice. Housed at AMTA-U.thinkific.com, 2022-2025.

AMTA-U

Designer / Co-Designer / Administrator

In the role of Vice President and Vice President Elect of the American Music Therapy Association, designed and developed AMTA-U.thinkific.com, an online hub for AMTA's music therapy continuing education offerings and the annual AMTA Symposium. 2022-2025.

MS IN HARMONY

Clinician/Intervention Developer

Development of filmed interventions for an online platform developed by Bristol Myers Squibb to support individuals with Multiple Sclerosis. Consulted on script, developed interventions and appeared on camera. 2021.

ACCENTCARE

Consultant and Project Manager

Curating and coordinating a year-long monthly webinar series focusing on trauma-informed care. Offered as continuing education on AccentCare's community resources hub, available to any professional in nursing, social work, music therapy, chaplaincy, etc.

STARTAG

Consultant

Providing music therapy-informed consultation to CEO who is developing a therapeutic playlist application. 2018.

Publications

CHAPTERS & MONOGRAPHS

Sokira, J. & Hausig, A. (2025). Music Therapy, Stressors and Stress. In B. Wheeler, A. Dos Santos & M. Viegas, M. & B. Wheeler (eds.) Music Therapy Handbook, Second Edition.

Sokira, J., Allen, J. & Wagner, H. (2022). The Resilience Framework for Trauma-Informed Music Therapy. In L. Beer & J. Birnbaum (eds) Trauma-Informed Practice in Music Therapy: Theory and Practice. Routledge.

Sokira, J. (2015). Leading the Way: Music Therapy Businesses of the Future. In J. Guy & M. Pizzi (Eds.). AMTA.

Sokira, J. (2013). Rett Syndrome. In M. Hintz (Ed.) Guidelines for Music Therapy Practice in Developmental Health. Barcelona Publishers.

Sokira, J. (2013). Physical disabilities in school children. In M. Hintz (Ed.) Guidelines for Music Therapy Practice in Developmental Health. Gilsum, NH: Barcelona Publishers.

Sokira, J. (2007). Interpreting the communicative behaviors of clients with Rett Syndrome in music therapy: A self-inquiry. In T. Meadows (Ed.) Qualitative Inquiries in Music Therapy, Volume 3. Barcelona Publishers.

JOURNAL ARTICLES

Sokira, J. (2019). Considerations for music therapy in long-term response to mass tragedy and trauma. Music Therapy Today, 15(1), pp. 78-90. <http://musictherapytoday.wfmt.info>

GOVERNANCE DOCUMENTS

American Music Therapy Association (2018). AMTA Code of Ethics. <https://www.musictherapy.org/about/ethics/>.

ELECTRONIC PUBLICATIONS

Sokira, J. (2023). Music Therapy: An Opportunity for Supporting Older Adults who are Healing from Trauma. American Society on Aging Generations Today, July-August <https://generations.asaging.org/music-therapy-help-older-adults-heal-trauma>.

JOURNAL REVIEWS

Voices: A World Forum for Music Therapy

Online Open Access Journal, Manuscript Reviewer, 2023- present

Presentations / Speeches / Workshops / Webinars

INVITED LECTURES / PRESENTATIONS /WORKSHOPS

- Seattle Pacific University Responding to Community Trauma resulting from discrimination and generational trauma (Invited guest lecture, 2024)
- **Lviv, Ukraine:** The Principle of Safety in Trauma-Informed Care for the Conference Art in the Time of Crisis: Teaching and Therapy (invited presenter, 2024).
- Augsburg College: Ethics and Music Therapy Private Practice (Invited guest lecture, 2024).
- Utah Association of Music Therapy: Ethical Issues in Music Therapy Private Practice (invited presenter, 2023)
- Alverno College EdDx: "Anybody Have a Map? Postcards from a Journey of Trauma-Informed and Person-Centered Leadership" (2023)
- **Lviv, Ukraine:** A Song in the Storm: A Framework for Locating and Understanding our Role in Recovery for the conference: Art in the Time of Crisis: Teaching and Therapy (invited presenter, 2023).
- Augsburg College: Ethics and Music Therapy Private Practice (Invited guest lecture, 2023).
- Alverno College: Safety and Coping Skills in Trauma-Informed Music Therapy (invited webinar, 2022).
- Virginia State Operated Programs/Art and Music Staff Development: Trauma-Informed Care in Therapy and Education (Invited 1 day staff development, 2022)
- Music Therapy Association of Minnesota: Ethical Dilemmas in Trauma-Informed Music Therapy (2022, Invited, 3 hour course)
- Great Lakes Region of AMTA Introduction to Trauma Informed Music Therapy: Grounding Principles (Invited, 3 hour course, 2022)
- Enlighten CE: Foundations of Trauma-Informed Music Therapy (2022, 2 day course)
- Alverno College: Trauma-Informed: Building Safe and Essential Skills for Effective Music Therapy Practice (2022, invited 2 day course)
- Alverno College: Aspirational Ethics: Three Considerations for Today's Music Therapist (2022, invited webinar)
- AccentCare: Charting a Course For the Future of Trauma-Informed Care (webinar presenter, 2023)
- AccentCare: Safety and Coping in Trauma-Informed Healthcare (webinar presenter, 2022)
- AccentCare: Stress, Trauma and the Brain (webinar presenter, 2022)
- AccentCare: Trauma-Informed Music Therapy: A Conversation with Donna Thompson (webinar presenter, 2022)
- **Hospice Foundation of America:** Trauma and Loss Webinar, specialist interview re: community trauma (webinar, 2022).

- Living Spirit Music Therapy Services' Gather and Grow Lecture Series: Reframing Music Therapy: Our Work in the Context of Trauma and Healing (invited webinar, 2021).
- Indiana University-Purdue University Indianapolis: Music Therapy and Ethics (2021, invited guest lecture)
- St. Mary of the Woods College: Ethics and Music Therapy Private Practice (2021, invited guest lecture)
- SUNY New Paltz: The Effect of Community Trauma on Development (2021, invited guest lecture)
- Alverno College: Trauma-Informed Music Therapy- How to Get Informed (2021, invited webinar)
- Music Therapy Association of South Carolina: Current Trends in Music Therapy: DEI (Diversity, Equity & Inclusion), Ethics and Telehealth (2021, invited presentation)
- Enlighten CE: Applications of Trauma-Informed Music Therapy (2021, 2 day course)
- Enlighten CE: Foundations of Trauma-Informed Music Therapy (2021, 2 day course)
- Rowen University & Enlighten CE: Finding a New Balance: Connecting in the Wake of Collective Grief and Trauma (2021, 3 CMTE Course)
- Enlighten CE: Counseling Skills in Music Therapy (2021, 2 day course)
- Enlighten CE: Foundations of Trauma-Informed Music Therapy (2021, 2 day course)
- Augsburg University: Ethics and Music Therapy Private Practice (2021, invited guest lecture)
- Enlighten CE: Applications of Trauma-Informed Music Therapy (2021, 2 day course)
- Enlighten CE: Foundations of Trauma-Informed Music Therapy (2020, 2 day course)
- **Elizabeth Seton Pediatric Center**, Yonkers, NY: Resilience-Informed: The Search for Silver Linings in Our Work (Invited presenter, 2019)
- Connecticut Music Therapy Services, Watertown, CT, Trauma-Informed Music Therapy: Clinical Applications and Therapist Resilience (2019, Presenter, 5 Credit CMTE Course)
- **Notable Progressions Music Therapy Services**, Frederick, MD: Trauma-Informed Music Therapy: Clinical Applications and Therapist Resilience (Invited presenter, 5 Credit CMTE Course)
- Southeastern Region, AMTA, Columbia, SC: MT In the Wake of Community Trauma and Tragedy (2019, Invited presenter, 5 Credit CMTE Course)
- **Molloy College Continuing Education**, Rockville Centre, NY: Understanding Trauma and Supporting Resilience in Music Therapy (Invited presenter, 4 Credit CMTE Course)
- Newtown, CT School District, Newtown, CT: Adapting to Changing Needs in the Arts Classroom- Staff development (2018, invited presenter)
- **Newtown, CT School District, Newtown, CT**: Strategies for Self Care: Creative Arts (2018, Staff development)
- Newtown High School, Newtown, CT Senior Wellness Day: Resiliency in Life Transitions (2018, invited presenter)
- **Southeastern Florida Music Therapists, Ft. Lauderdale, FL, on behalf of American Music Therapy Association following the Marjory Stoneman Douglas Shooting and Pulse Shooting** Trauma Informed Music Therapy: MT In the Wake of Community Trauma and Tragedy (2019 Invited presenter, 5 Credit CMTE Course)
- University of Hartford, Hartford, CT: The Role of Music Therapy in Trauma-Informed Care (2018, Invited guest lecturer)
- **Alverno College: Trauma Informed Music Therapy: Responding with Resilience** (2018, Invited Presenter, 16 Credit CMTE Course)
- **Berklee College of Music**, Boston, MA: Trauma Informed Music Therapy: Beginning Dialogues; Navigating Community Trauma and Tragedy; Roundtable discussion on vicarious resilience (2017, Invited presenter)
- Augsburg University, Minneapolis, MN: Ethics in Music Therapy Business and Private Practice (2017, invited guest lecture)
- **Tuesday's Children/VOICES 9/11**: Lessons in Recovery and Resilience Symposium/Tuesday's Children, New York, NY: Building Community Resilience in the Wake of Mass Shootings (2016, Invited presentation).
- Augsburg University, Minneapolis, MN: The Role of Music Therapy in Trauma-Informed Care (2016, invited guest lecture)

- University of Hartford, Hartford, CT: The Role of Music Therapy in Trauma-Informed Care (2016, invited guest lecture)
- Augsburg University, Minneapolis, MN: Ethics in Music Therapy Business and Private Practice (2016, invited guest lecture)
- University of Dayton, Dayton, OH: The Role of Music Therapy in Trauma-Informed Care (2016, invited guest lecture)
- **High Tech High School, Chula Vista, CA:** Brain Health First Aid Adapted training (2015, invited trainer)
- Community Connections, Newtown, CT: Creative Arts Therapies (2015, invited presenter)
- Minds in Motion, Monroe, CT: 3/15; presenter, "Creativity and Resilience".
- Wellmore Behavioral Health Services, Waterbury, CT: Music Therapy in Mental Health Care (2015, invited presenter)
- Sacred Heart University, Fairfield, CT: Music Therapy: An Overview (2014, invited guest lecture)
- Minds in Motion, Monroe, CT: Bringing Music Home: Cultivating a Healthy Musical Environment for Your Family and Yourself (2013, invited presenter).
- Meriden School District, Meriden, CT: Involve Me Music: Workshop for Music Educators (2011 invited presenter)
- Southfield Center for Development, Darien, CT: Music Therapy for People with Special Needs (2011 invited presenter)
- Connecticut Library Association, Stamford, CT: Music for All Readers (2011 invited presenter)
- **New England Assistive Technology Marketplace**, Hartford, CT: Music Therapy, Technology and People with Special Needs (2011 invited presenter)
- Western Connecticut State University: Danbury, CT: Music Therapy and Wellness (2011 invited presenter)
- Amity Regional School District, Orange, CT: Music Education for All Learners Workshop for Music Educators (2010 invited presenter)
- Connecticut Apraxia Resource Conference: North Haven, CT: Using Music Therapy to Treat Childhood Apraxia of Speech (2010 invited presenter)
- Western Connecticut State University: Danbury, CT: Music Therapy and Wellness (2010, invited presenter)
- Wallingford School District, Waterbury, CT: Music Education for All Learners Workshop for Music Educators (2009 invited presenter)
- Connecticut Children's Trust: Waterbury, CT: Music Therapy: An Overview (2009, invited presenter)
- Connecticut Children's Trust: Bridgeport, CT: Music Therapy: An Overview (2009, invited presenter)
- Western Connecticut State University: Danbury, CT: Music Therapy: An Overview (2009, invited presenter)
- St. Vincent's Special Needs Services: Trumbull, CT: The Power of Music (2009, invited presenter)
- Sacred Heart University: Trumbull, CT: The Art of Collaboration: Music Therapy and Occupational Therapy (2009, invited guest lecture)
- Fairfield School District: Using Music to Enhance Academic and Therapeutic Learning (2005 invited presenter)
- Friends of Autistic People: Music Therapy and the Autism Spectrum (2005, invited presenter)
- Fairfield Early Childhood Center: Music Therapy and Rett Syndrome (2004, invited presenter)
- Giant Steps Connecticut: Age Appropriate Song Selections for Children with Autism Spectrum Disorders (2003, invited presenter)
- Palmyra Day Services, Palmyra, NY: Painting the Big Picture: A Music Therapy Case Study on Walter X (2002, presenter)
- Finger Lakes DDSO Professional Development Day: Get Your Hands on Music Therapy: Finding the Music Child Within (2001, presenter)

REFEREED CONFERENCE PRESENTATIONS

- New England Region, AMTA, Portland, ME: Liberatory Music Therapy Model of Gender Affirming Voicework: Introduction and CT Program Development (2025)
- New England Region, AMTA, Newport, RI: The Resilience Framework for Trauma-Informed Music Therapy: An Overview (2024)

- World Congress of Music Therapy, Vancouver, Canada: **The Resilience Framework of Trauma-Informed Music Therapy: In Practice** (2023)
- World Congress of Music Therapy, Vancouver, Canada: **The Resilience Framework of Trauma-Informed Music Therapy: An Overview** (2023)
- World Congress of Music Therapy, Vancouver, Canada: **Trauma-Informed from Day 1** (2023)
- Association for Music and Imagery, Ypsilanti, MI: **Navigating Caregiver Grief and Trauma Through Guided Imagery and Music** (2023)
- American Music Therapy Association Virtual Conference: **Critical Growth: Understanding Trauma, Systemic Oppression, and Vicarious Resilience** (2022, 5 CMTE course).
- American Music Therapy Association Virtual Conference: **Peer Conversations: Ethical Dilemmas in Music Therapy** (2022, 5 CMTE course)
- American Music Therapy Association Virtual Conference: **AMTA Ethics Board Presents: Growing with the 2019 Code of Ethics** (2022).
- World Federation of Music Therapy, University of Pretoria, South Africa: **The Resilience Framework for Trauma-Informed Music Therapy** (2020, Accepted for presentation, not presented due to COVID-19).
- World Federation of Music Therapy, University of Pretoria, South Africa: **Multiple Perspectives on Music Therapy and Trauma** (2020, Accepted for presentation, not presented due to COVID-19).
- World Federation of Music Therapy, University of Pretoria, South Africa: **Music and Music Therapy in Crises Support Interventions: Developing A Global Network”** (2020, **presented synchronously online co-presenters in Europe, South America, New Zealand and Asia**)
- American Music Therapy Association, Minneapolis, MN: **The Trauma Informed Music Therapist** (2019, 5 Credit CMTE course)
- American Music Therapy Association, Minneapolis, MN: **Ethics Board Presents Shifting Ethical Thinking: Aspirational Codes and Personal Responsibility** (2019- 5 Credit CMTE Course)
- American Music Therapy Association, Minneapolis, MN: **After the School Shooting: Music Therapy and Summer Camp Programming”** (2019, concurrent session)
- American Music Therapy Association, Minneapolis, MN: **Ethics Board Presents: Shifting Ethical Thinking: A Dialogue”** (2019, concurrent session)
- New England Region, AMTA, Falmouth, MA: **AMTA Ethics Board Presents: Untangling the Maze of Aspirational Codes of Ethics** (2019)
- New England Region, AMTA, Falmouth, MA: **The Trauma Informed Music Therapist** (2019, 3 Credit CMTE Course)
- American Music Therapy Association, Dallas, TX: **Co-Presenter and Institute Co-Chair, Music Therapy & Trauma: Preparedness, Response and Resilience** (2018, 8 Credit CMTE Course)
- National Alliance for Grieving Children, San Antonio, TX: **The Role of Camp Creativity in Building Community after Grief and Trauma** (2018)
- New England Region, AMTA, Westbrook, CT: **Courageous Conversations, Navigating From Dispute to Resolution** (2018)
- American Music Therapy Association, St. Louis, MO: **Life Turns On a Dime: Navigating Community Trauma and Tragedy.** (2017)
- **National Alliance for Grieving Children**, Richmond, VA: **Community Grief and Trauma: Resilience After Tragedy** (2017)
- New England Region, AMTA, Newport, RI: **Life Turns On a Dime: Navigating Community Trauma and Tragedy** (2017)
- New England Region, AMTA, Newport, RI: **NER-AMTA Leadership Academy** (2017)
- American Music Therapy Association, Sandusky, OH: **Navigating Competition: Ethical Considerations for the Music Therapist Business Owner** (2016)
- New England Region, AMTA, Falmouth, MA: **Ethical Thinking: A Foundation for Decision Making in Music Therapy Practice** (2016)

- New England Region, AMTA, Falmouth, MA: Music Therapy Ethics Special Focus: Business Owners (2016)
- American Music Therapy Association, Kansas City, MO: Black and White and Grey All Over: Ethical Thinking in Music Therapy Private Practice (2015)
- American Music Therapy Association, Louisville, KY: Responding to Violent Community Trauma: Music Therapy, Resiliency and Self-Care (2014)
- New England Region AMTA, Westbrook, CT: **Ethical Music Therapy Practice in a Technological World** (2014, 3 hour CMTE)
- New England Region AMTA, Westbrook CT: Playing in the Same Sandbox: Tips for Successful Music Therapy Advocacy (2014).
- American Music Therapy Association, Jacksonville, FL: Ethics 101 and Beyond: Staying Current with our Code of Ethics (2013)
- American Music Therapy Association, Jacksonville, FL: Professional and Ethical Boundaries in Music Therapy (2013)
- Expressive Therapies Summit, New York, NY: **Sandy Hook Shooting Aftermath: Art & Music Therapy in Crisis Response** (2013)
- New England Region AMTA, Newport, RI: Make the CONNECTION: State Recognition Advocacy and YOU (2013)
- American Music Therapy Association, St. Charles, IL: Leading the Way: Music Therapy Businesses of the Future Institute (2012, 6 hour CMTE)
- American Music Therapy Association, St. Charles, IL: Integrated Marketing: Keys for Success in Marketing Your Music Therapy Practice" (2012, 5 hour CMTE)
- New England Region AMTA, Brewster , MA: Getting the Word Out: Marketing Tools for Music Therapists: Developing A Global Network (2012)
- New England Region AMTA, Westbrook, CT: Private Practice 101: Where do I begin?, Private Practice 102: Into the Groove, Private Practice 103: Round Table (2010).
- AMTA National Conference, Louisville, KY: On the Road Again: Benefits and Challenges of a Traveling Private Practice (2007)
- New England Region, AMTA: Music Therapy and Communication with Clients with Rett Syndrome (2007)
- New England Region, AMTA: Coping with Burnout: What to Do When You're Down and Out (2007)
- AMTA National Conference, Kansas City, MO: Music Therapy and Communication with Clients with Rett Syndrome (2006)
- ConnOTA: Theraplay: A Creative Collaboration of Occupational and Music Therapies (2006)
- Autism Society of Connecticut: Music Therapy and the Autism Spectrum (2003)
- New England Region, AMTA: A Global Approach to Music Therapy with Children with Autism (2003)
- Passages Music Therapy Conference: Music Therapy at Giant Steps, CT: Considerations for Interdisciplinary Collaboration (2002)
- AMTA National Conference, Pasadena, CA: Keeping the Music Therapy Magic (2001)

Additional Clinical Training

RESOURCE ORIENTED MUSIC AN IMAGERY

Level 1, Institute for Music and Consciousness, Lisa Summer, Primary Trainer (2022)

BONNY METHOD OF GUIDED IMAGERY IN MUSIC Fellow, Association of Music and Imagery

Appalachian State, Madelaine Ventre and Cathy McKinney, Primary Trainers (2022)

BRAINSPOTTING

Phases 1 & 2, David Grand, Primary Trainer

COMPLICATED GRIEF TREATMENT

Columbia University, Levels 1 & 2

NATIONAL ROSTER MUSIC THERAPY INTERNSHIP

Finger Lakes DDSO, Music Therapy Intern. Improvisational music therapy with adults with developmental disabilities and dual diagnoses. Newark, NY.

MUSIC THERAPY PRACTICUM

Magee Women's Hospital, Pittsburgh, PA; The Watson Institute, Sewickley, PA; Pittsburgh Public Schools, Pittsburgh, PA; Springfield High School, Springfield, PA; Belmont Hospital, Philadelphia, PA; Western Psychiatric Institute and Clinic, Pittsburgh, PA; Western Pennsylvania School for Blind Children, Pittsburgh, PA.

Other Related Training and Experience

LIFE IS GOOD PLAYMAKERS

Levels 101, 202, 303- Steve Gross, trainer (2016-2017)

CONFLICT AND DISPUTE RESOLUTION FOR ETHICAL DILEMMAS

Trainer Char Bergquist (2016)

ADULT MENTAL HEALTH FIRST AID TRAINER TRAINING

Mental Health First Aid USA, (2015)

YOUTH MENTAL HEALTH FIRST AID TRAINER TRAINING

Mental Health First Aid USA, (2014)

REAL LIFE HEROES

Level 1- Adelphi University (2014)

CHILD AND ADULT CPR & FIRST AID

American Heart Association (2009, 2014).

USUI REIKI

Levels 1 and 2, Kindred Spirits (2014)

PSYCHOLOGICAL FIRST AID

American Red Cross/Barbara Else (2013)

SPROUTING MELODIES PROVIDER TRAINING

Elizabeth Schwartz and Meredith Pizzi (2013)

HEALTHRHYTHMS

Remo HealthRhythms Training (2001)

THE WOODLANDS/SPINA BIFIDA ASSOCIATION OF WESTERN PENNSYLVANIA

Music Instructor. Wexford, PA. (2000) Residential position. Participants included children and adults with Spina Bifida, Cancer, Sickle Cell Anemia and developmental disabilities. Oversaw parts of "Notes from the Heart", an all-inclusive camp focusing on choral and instrumental music in conjunction with the Pittsburgh Symphony Orchestra. Duties included extensive teaching, lesson plans and daily and weekly camper reports as well as assisting and overseeing camper personal care.

Community / Volunteer Involvement

- Soprano soloist and song leader (2002-present)
- Monroe Dance Academy Theater Connection, Music Director (2019-2021)
- Two Planks Theater Company, Board of Directors (2016-2019)
- Singer/Actor, various regional theaters (2016- present)
- Ragnar Cape Cod, benefitting Dylan's Wings of Change (2015)
- Avielle Foundation Spark Leadership Team, Brain Health Committee (2014-2016)
- CONECT: Congregations United for a New Connecticut, Communications/Media Committee Co-Chair, web designer (2011-2012)

Certifications, Licenses, Transcripts and References available upon request.